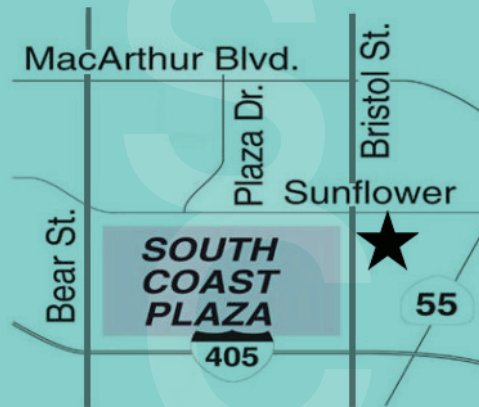




For Outpatient  
Procedures & Insurance  
Verification Call  
**714.708.3737**



[southcoastspecialtycenter.com](http://southcoastspecialtycenter.com)



### WELCOME

Welcome to South Coast Specialty Surgery Center, located at 3420 Bristol Street, Suite 750, Costa Mesa, California. We would like to take this time to provide you with some basic instructions regarding the location and accessibility of our facility.

### FACILITY LOCATION

South Coast Specialty Surgery Center is located in the South Coast Metro area across from the South Coast Plaza shopping center on the corner of Bristol Street and Sunflower Avenue. Our facility is on the top floor (7th) of the California Bank and Trust Building, and can be accessed using the lobby elevators. Parking is in front of the building in the lot on the south side of the building.



[twitter.com/SpecialtyCenter](https://twitter.com/SpecialtyCenter)



[facebook.com/SouthCoastSpecialtySurgeryCenter](https://facebook.com/SouthCoastSpecialtySurgeryCenter)



Are you ready to learn more  
about Outpatient Surgery  
and the services of  
South Coast Specialty Surgery Center?

**GREAT**  
You've come to the right place.

3420 Bristol Street, Suite 750  
Costa Mesa, CA 92626  
**714.708.3737**

3420 Bristol Street, Suite 750  
Costa Mesa, CA 92626  
**714.708.3737**

## Welcome to South Coast Specialty Surgery Center

Since its inception, South Coast Specialty Surgery Center set out to be Orange County's elite outpatient surgery center. As implied by our name, we take pride in being SPECIALISTS in the field of outpatient surgery. Developed and Staffed by expert physicians & nurses, we strive to provide comprehensive quality healthcare with standards that exceed most outpatient surgery centers and hospitals.

## FOCUS Specialty Care

SCSSC is a specialized, outpatient surgery center, built upon a vision of setting new standards in personalized patient care. We pride ourselves in the safety, quality and unique care we offer to our patients. By working with your physician, we personalize care around every patient's need and comfort.

## MISSION

The mission of South Coast Specialty Surgery Center is to provide personalized quality patient care in a safe and cost effective manner by utilizing state of the art technology for optimal results in surgical outcomes.

## ACCREDITATION

South Coast Specialty Surgery Center is an Accredited Ambulatory Surgery Center and is Medicare Certified. Accreditation agencies carry out rigorous inspections with the most stringent set of outpatient surgery standards available in the nation. Nationally recognized standards are continuously reviewed and revised as new developments in outpatient surgery occur. The Accreditation criteria and process represents a high level of attention to detail that makes a outpatient surgery facility safer. It insures that this facility has met strict requirements for facility director, medical specialist certification, staff credentials and has passed a rigorous inspection by a qualified Facility Inspector.

## About Our Surgeons

All of our surgeons are Board Certified or Board Eligible as required by our Accreditation Agency.

Board certification demonstrates a physician's exceptional expertise in a particular specialty and/or subspecialty of medical practice. Board certification is the best measure of a physician's knowledge, experience and skills to provide quality healthcare within a given specialty.

## About Our Anesthesia Providers

The Center utilizes a local group of Anesthesia providers for all anesthetic needs. This group includes Board Certified Anesthesiologist and Certified Registered Nurse Anesthetist (CRNAs), all of whom specialize in outpatient surgery anesthesia. This is especially important for patients because it insures a speedier recovery so patients spend less time in recovery and more time at home in the comforts of their own confines.

All patients have an opportunity to speak with or meet their anesthesia provider days before their surgery procedure.

## Specialties

- Bariatric Surgery (LAP BAND Surgery)
- Cosmetic Surgery
- General Surgery
- Hand and Peripheral Nerve Surgery
- Obstetrics & Gynecology
- Orthopedic Surgery
- Otolaryngology - Ear, Nose and Throat
- Pain Management
- Plastic & Reconstructive Surgery
- Podiatry Surgery
- Thoracic Surgery
- Urology

## PRE-OPERATIVE INSTRUCTIONS

We make every effort to contact you prior to surgery; however, if our nurse is unable to reach you on the day before surgery, call the Center at 714.708.3737 and confirm your scheduled arrival time.

## BEFORE SURGERY

Do Not eat or drink after midnight. This includes candy, ice chips, gum, etc.

Blood Pressure Medications and Stomach Medications such as Nexium or Zantac should be taken early A.M with a sip of water.

If you are Diabetic please check your blood sugar at home before you leave so we can monitor your sugar levels. If your blood sugar is greater than 250 please call the facility before you leave.

NO diabetic medications are to be taken before surgery unless directed by a nurse prior to day of surgery. This includes INSULIN. We will monitor your blood sugar levels at the center.

Do Not wear jewelry, makeup, perfume, hairpins, or contact lenses. Wear loose clothing, such as pull on pants and a button up shirt.

## PRE-OP / RECOVERY ROOM

Sign-in with the receptionist at the appointed time. One family member or friend must remain in the waiting area at all times. A legal guardian must be present with children under 18 years of age. Please leave all valuables at home.

## DAY OF SURGERY

The Anesthesiologist will speak to after you are ready for surgery. They will answer ALL your questions and talk to you about your medical history. Family members may sit with you before going back to surgery. Cell phones may only be used in the waiting area and are not permitted in the recovery area.

## AFTER SURGERY

The Surgeon will speak to your family in a private room. You will receive written discharge instructions that you are to follow until your return visit to your doctor.

IN THE EVENT OF AN EMERGENCY, call your surgeon at his Office or DIAL 911

Please do not hesitate to contact us with any questions you may have. Thank you once again for choosing the South Coast Specialty Surgery Center.